

**Health-e
LIVING**



Calallen ISD

August

2018

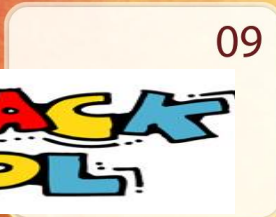
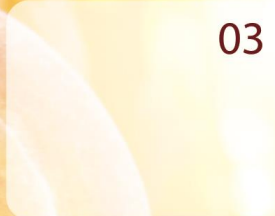
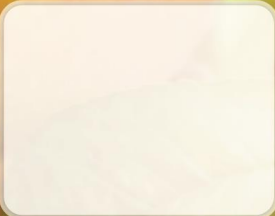
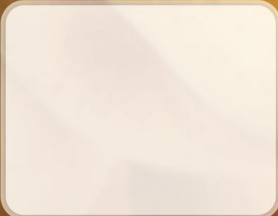
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



15
Pancake Sausage Bites
Pepperoni Pizza
Chicken Quesadilla
Cherry Tomatoes & Cucumber/ Dip
Broccoli & Cheese
Chilled Peaches

16
Breakfast Pizza
Beef Nachos w/ Cheese
Beef & Bean Burrito
Spanish Rice
Pinto Beans
Salad w/ Cheese
Fruited Jello

17
Mini Waffles
Cheese Burger
Chicken Burger
Tater Tots
Burger Salad
Orange Smiles

20
Pancake Wrap
Popcorn Chicken
Steak Fingers
Mashed Potatoes/ Gravy
Carrot Coins
Whole Grain Biscuit
Chilled Fruit Cocktail

21
Honey Bun
Mini Corn Dogs
BBQ Baked Potato
Broccoli & Cheese
Country Veggie Trio
Whole Grain Roll
Banana Pudding

22
Eggs/Toast/Hash Brown
Pepperoni Pizza
Steak Burger
Fresh Veggies/Dip
Seasoned Corn
Chilled Pears

23
Sausage Biscuit
Beef Enchiladas
Sausage Wrap
Spanish Rice
Refried Beans
Salad w/ Cheese
Chilled Pineapple

24
Assorted Pop Tart
Hamburger
Cheesy Fish Burger
Oven French Fries
Burger Salad
Chilled Peaches

27
Mini Pancakes
Chicken Tenders
Corn Dog
Scalloped Potatoes
Green Beans
Whole Grain Roll
Rosey Pears

28
Pig-in-a-Blanket
Macaroni w/ Meat Sauce
Pepperoni Hot Pocket
Tossed Salad
Steamed Broccoli
Cheesy Garlic Bread Stick
Chilled Pineapple

29
Cinni Minni
Pepperoni Pizza
BBQ on Bun
Baby Carrots/ Dip
Seasoned Corn
Mandarin Oranges

30
Pancake w/Sausage Link
Crispy Beef Tacos
Chicken Fajita Taco
Spanish Rice
Pinto Beans
Salad w/ Cheese
Fruited Jello

31
Assorted Muffins
Cheese Burger
Grilled Chicken Burger
Oven French Fries
Burger Salad
Chilled Pears

InSeason!Peaches

Peaches are a good source of Vitamins A, B and C. A peach contains only 37 calories.

Peaches were once known as Persian Apples

August is National Peach Month

Peaches are the third most popular fruit grown in the United States



Announcements

Food Service Department
<http://www.calallen.healthliving.net>



Meal Applications will be handed out to all students and/or available on-line.

Parents will receive a notification letter when applications has been processed.

Please review Meal Charge Policy.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA. This institution is an equal opportunity provider.

Meal Prices

Student Breakfast

\$1.50

100% Juice/Fresh Fruits/Veggies
Assorted Cereal
Yogurt
Milk Variety

Student Lunch

PK-5th - \$2.40

6th-12th - \$2.65

Fresh Fruits/Vegetables
Milk Variety
Menu subject to change due to availability